

BARR & RASTELL

LUNCH

Nibbles

- Rustic Fries 4.75
- Sweet Potato Fries 5.5
- Foccacia & Olive Tapenade 6.5
- Whitebait & Saffron Aoili 8
- Mixed Olives 5
- Spiced Nuts 3.5
- Extra Sauce 50p

Harveys Smashed Beef Burger, Cheese, Caramelised Onions, Organic Leaves & Fries

(2,4,6,7,14) GFA

16

Grilled Free Range Chicken Breast Club Sandwich, Organic Leaves, Saffron & Garlic Aoili & Fries

(2,4,14)

16.5

Miso Chilli Ramen, Pak Choi, Spring Onion, Soy, Ginger & Rice Noodles (1,13,14) (GF)

14

Choose from the following toppers:

Free Range Chicken

King Prawn & Seaweed (3,9)

Tempura Banana Blossom & Mushrooms (VE)

Affogato, Vanilla Ice Cream, Espresso & Biscotti (4,7,10)

8

Sticky Toffee Pudding, Butterscotch Sauce & Vanilla Ice Cream

(2,4,7,13,14)

9

A 10% service charge will be added to your bill

Please talk to a member of staff about any allergens

Harvey Brothers - Penzance
Slighthill Farm - Penzance
Primrose Herd Pork - Redruth
Newlyn Fish - Newlyn

Allergen Key

1. Celery 2. Gluten 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk
8. Molluscs 9. Mustard 10. Nuts 11. Peanuts 12. Sesame 13.
Soybeans 14. Sulphur Dioxide