

BARR & RASTELL

LUNCH

Nibbles

- Rustic Fries 4.75
- Sweet Potato Fries 5.5
- Foccacia & Olive Tapenade 6.5
- Whitebait & Lemon Mayo 8
- Mixed Olives 5
- Spiced Nuts 3.5

Harveys Smashed Beef Burger, Cheese, Organic Leaves, BBQ Sauce & Fries
(2,13,14 GFA) 14

Newlyn Catch Of The Day, Organic Tomato Salad, Herb Crushed Potatoes, Seaweed Butter
(5,7,14). POA

Organic Aubergine & Coconut Chilli Curry, Basmati Rice, Apricot Chutney, Almond Flakes
(10,14) 14

Fish Goujon Sandwich with Organic Leaves, Tartare Sauce
(2,5,9,14) 12

Korean Crispy Kkanpunggi Tofu, Rice Noodle, Coriander, Spring Onions, Sesame Seeds
(12,13,14,GF,VE). 14

Affogato, Vanilla Ice Cream, Espresso & Biscotti
(4,7,10,) 7

Lemon Posset, Summer Fruits, Chocolate Sorbet
Chocolate Shortbread.
(4,7,10) 9

A 10% service charge will be added to your bill

Please talk to a member of staff about any allergens

Harvey Brothers - Penzance
Slighthill Farm - Penzance
Primrose Herd Pork - Redruth
Moomaid - Zennor
Newlyn Fish - Newlyn

Allergen Key

1. Celery 2. Gluten 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk
8. Molluscs 9. Mustard 10. Nuts 11. Peanuts 12. Sesame 13.
Soyeans 14. Sulphur Dioxide