Muffins – Biscuits - Cakes

Ingredient Item or Brand	Blackfriars Chocolate Chip Muffin	Lichfield Milk Choc and Orange	Lichfield Stem Ginger	Lichfield Choc Chip	Lichfield Oat Shortcake	Tregroes Waffle	Siwgr a Sbeis Bara Brith Flapjacks	Gluten Free Bakewell Tarts
Allergen:								
Celery/ Celeriac								
Crustations								
Fish								
Milk (Dairy)	Does	Does	Does	Does	Does	Does	Мау	
Mustard								
Peanuts							Мау	May
Soya	Does	Does		Does		Does	Мау	
Gluten	Does	Does	Does	Does	Does	Does	Мау	
Eggs	Does					Does	Мау	May
Lupin								
Molluscs								
Nuts							Мау	Does
Sesame Seeds								
Sulphur Dioxide							Мау	
Vegan	No	No	No	No	No	No	No	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
							Made in a bakery that also uses the above.	

Gluten Free Snacks/Crackers

Ingredient Item or Brand	Cradoc's Rosemary and Garlic Crackers	Cradoc's Chilli Ginger and Cumin	Cradoc's Cheddar Cheese and Chive	Kalio Rice Crackers	Schar Pretzels
Allergen:					
Celery/ Celeriac					
Crustations					
Fish					
Milk (Dairy)	Does	Does	Does		
Mustard					
Peanuts	Мау	Мау	Мау		
Soya	Мау	Мау	Мау	Мау	Does
Gluten					
Eggs					
Lupin					
Molluscs					
Nuts	Мау	Мау	Мау		
Sesame Seeds	Мау	Мау	Мау	Мау	Мау
Sulphur Dioxide	Мау	Мау	Мау		
Vegan	No	No	No	Yes	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes
				Although milk present in factory	

Nuts, Crisps, Chilli Crackers Olives and Tortilla Chips:

Ingredient Item or Brand	Dry Roasted Nuts	Filberts Simply Sea Salt Nutty Mix	Chilli Crackers (Olives Et Al)	Pipers Salted Crisps	Sun Valley Spicey Bar Mix	Doritos	Country Range Tortilla Chips	Olive King Mixed olives
Allergen:								
Celery/ Celeriac	Does							
Crustations								
Fish			Does					
Milk (Dairy)						Мау		Мау
Mustard								Мау
Peanuts	Does	Does			Does			
Soya			Does			Мау		
Gluten			Does		Does	Мау		
Eggs								
Lupin								
Molluscs								
Nuts	Does	Does			Does			Мау
Sesame Seeds								
Sulphur Dioxide								
Vegan	Yes	Yes	No	Yes	No	No	Yes	No
Vegetarian	Yes	Yes	No	Yes	No	Yes	Yes	Yes
					Chilli extract may contain meat products			

Cheese Board: Gluten free crackers are available

Ingredient Item or Brand	Granarolo Brie	Goats Cheese Log	Cheddar Cheese	Crackers (Jacobs)	Chutney (Celtic Preserves)	Apple/Grapes	Doritos	Country Range Tortilla Chips
Allergen:								
Celery/ Celeriac								
Crustations								
Fish								
Milk (Dairy)	Does	Does	Does	Does			Мау	
Mustard								
Peanuts								
Soya				Мау			Мау	
Gluten				Does			Мау	
Eggs				Мау				
Lupin								
Molluscs								
Nuts				Мау				
Sesame Seeds				Мау				
Sulphur Dioxide								
Vegan	No	No	No	No	Yes	Yes	No	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Kids Picnic Board:

Ingredient Item or Brand	Doritos Tortilla Chips	Country Range Tortilla Chips	Cheddar or Red Leicester	Cucumber	Apple	Grapes	Carrot	Pipers Crisps	Mini Cheddars	Choc Raisins	Lion Sour Cream and Chive Dip
Allergen:											
Celery/ Celeriac											
Crustations											
Fish											
Milk (Dairy)	May		Does						Does	Does	Does
Mustard											Does
Peanuts										Мау	
Soya	May									Мау	
Gluten	Мау								Does	Мау	
Eggs											Does
Lupin											
Molluscs											
Nuts										Мау	
Sesame Seeds											
Sulphur Dioxide										Мау	
Vegan	No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	No
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Hot Dog (Meat and Vegan)

Served with Ketchup. Mustard and Crispy onions

The bun is not gluten free for either hotdog!

Ingredient Item or Brand	Bread Bun	Dinos Meat hot dog	Moving mountains vegan hot dog	Crispy Onions	Absolutely Saucesome Tomato Ketchup	Absolutely Saucesome Mustard	Doritos	Country Range Tortilla Chips
Allergen:								
Celery/ Celeriac		Мау		Мау				
Crustations				Мау				
Fish				Мау				
Milk (Dairy)	Мау	Мау		Мау			Мау	
Mustard		Мау		Мау		Does		
Peanuts				Мау				
Soya	Мау	Мау		Мау			Мау	
Gluten	Does			Мау			Мау	
Eggs	Мау			Мау				
Lupin				Мау				
Molluscs				Мау				
Nuts				Мау				
Sesame Seeds				Мау				
Sulphur Dioxide				Мау				
Vegan	Yes	No	Yes	Yes	Yes	Yes	No	Yes
Vegetarian	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes

Ice Cream / Sorbets

Ingredient Item or Brand	Salted Caramel (Marios Plant Based)	Vanilla (Marios and Marshfield)	Lemon Sorbet (Marios and Marshfield)	Blackcurrant Sorbet (Marios and Marshfield)	Mint Choc Chip (Marshfield Vegan)	Strawberry (Marshfield Vegan)	Cookies and Cream (Kellys)	Toffee Fudge (Kellys)	Rum and Raisin (Welsh Gold, Kellys)	Chocolate Fudge Brownie (Welsh Gold)
Allergen:										
Celery/ Celeriac										
Crustations										
Fish										
Milk (Dairy)							Does	Does	Does	Does
Mustard										
Peanuts										
Soya					Does		Does	Does		
Gluten							Does			Does
Eggs										
Lupin										
Molluscs										
Nuts							Мау	Мау	Мау	
Sesame Seeds										
Sulphur Dioxide										
Vegan	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Nachos (Just Cheese)

Ingredient Item or Brand	Doritos Tortilla Chips	Country Range Tortilla Chips (Blue Bag)	Cambray Jalapenos
Allergen:			
Celery/ Celeriac			
Crustations			
Fish			
Milk (Dairy)	Мау		
Mustard			
Peanuts			
Soya	Мау		
Gluten	Мау		
Eggs			
Lupin			
Molluscs			
Nuts			
Sesame Seeds			
Sulphur Dioxide			
Vegan	No	Yes	Yes
Vegetarian	Yes	Yes	Yes

Nachos (Normal)

Ingredient Item or Brand	Doritos Tortilla Chips	Country Range Tortilla Chips (Blue Bag)	Grated Mozzarella Cheese	Cambray Jalapenos	Peas Pea Guac	Olive Pomace Oil (Salsa and Guacamole)	Tomatoes (Salsa)	Red Onion (Salsa and Pea Guac)	Lime Juice	Cooks and Co. Chopped Garlic	Salt and Pepper
Allergen:											
Celery/ Celeriac											
Crustations											
Fish											
Milk (Dairy)	Мау		Does								
Mustard											
Peanuts											
Soya	Мау										
Gluten	Мау										
Eggs											
Lupin											
Molluscs											
Nuts											
Sesame Seeds											
Sulphur Dioxide									Does	Does	
Vegan	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Nachos (Vegan)

Ingredient Item or Brand	Country Range Tortilla Chips (Blue Bag)	Cambray Jalapenos	Peas Pea Guacamole	Olive Pomace Oil (Salsa and Guacamole)	Tomatoes (Salsa)	Red Onion (Salsa and Pea Guac)	Lime Juice	Cooks and Co. Chopped Garlic
Allergen:								
Celery/ Celeriac								
Crustations								
Fish								
Milk (Dairy)								
Mustard								
Peanuts								
Soya								
Gluten								
Eggs								
Lupin								
Molluscs								
Nuts								
Sesame Seeds								
Sulphur Dioxide							Does	Does
Vegan	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Vegan Picnic Board:

Ingredient Item or Brand	Doritos Tortilla Chips	Country Range Tortilla Chips	Pea Guac.	Salsa	Cucumber	Carrot	Apple	Grapes	Nutty Mix	Pipers Crisps	Olives Gherkins Mix	Celtic Preserves Chutney	Hummus
Allergen:													
Celery/ Celeriac													
Crustations													
Fish													
Milk (Dairy)	Мау												
Mustard											Does		
Peanuts									Does				
Soya	Мау												
Gluten	Мау												
Eggs													
Lupin													
Molluscs													
Nuts									Does				
Sesame Seeds													Does
Sulphur Dioxide			Does	Does							Does		Does
Vegan	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Vegetarian Picnic Board

Ingredient Item or Brand	Doritos Tortilla Chips	Country Range Tortilla Chips	Jacobs Crackers	Cheddar	Goats Cheese	Brie	Apple	Grapes	Carrot- Cucumber	Nutty Mix	Pipers Crisps	Chefs Lader Pickled Onions	Olives Gherkin Mix	Celtic Preserves Chutney
Allergen:														
Celery/ Celeriac														
Crustations														
Fish														
Milk (Dairy)	Мау		Does	Does	Does	Does								
Mustard													Does	
Peanuts										Does				
Soya	Мау		Мау											
Gluten	Мау		Does											
Eggs			Мау											
Lupin														
Molluscs														
Nuts			Мау							Does				
Sesame Seeds			Мау											
Sulphur Dioxide												Does	Does	
Vegan	No	Yes	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Picnic Board

Ingredient Item or Brand	Doritos Tortilla Chips	Country Range Tortilla Chips	Jacobs Crackers	Cheddar	Goats Cheese	Brie	Apple	Grapes	Nutty Mix	Pipers Crisps	Chefs Lader Pickled Onions	Cambray Gherkins	Olives	Peppers	Celtic Preserves Chutney	Villani Salami And Casa Chorizo
Allergen:																
Celery/ Celeriac																
Crustations																
Fish																
Milk (Dairy)	Мау		Does	Does	Does	Does							Мау			
Mustard													Мау			
Peanuts									Does							
Soya	Мау		Мау													
Gluten	Мау		Does													
Eggs			Мау													
Lupin																
Molluscs																
Nuts			Мау						Does				Мау			
Sesame Seeds			Мау													
Sulphur Dioxide											Does					
Vegan	No	Yes	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No
Vegetarian	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No

Sweets (1 of 2)

Ingredient	Maltesers	M+Ms	Skittles	Haribo	Jelly	Jelly	Choc	Fruit	Sour Mix	Gummy Space	Fizzy Twin	Sour	Assorted Fizzy	Bubble Gum	Choc	USA Hard
Item or Brand	Mattesers		Okitilos	Hearts	Babies	Beans	Eggs	Jellies	Melon Slices	Mix	Cherries	Apples	Mix	Mer- maids	Raisins	Gums
Allergen:																
Celery/ Celeriac																
Crustations																
Fish																
Milk (Dairy)	Does	Does		Мау	Мау		Does								Does	Мау
Mustard																Мау
Peanuts		Does			Мау		Мау								Мау	Мау
Soya	Does	Does		Мау			Does									Мау
Gluten	Does			Мау			Мау		Does	Does	Does	Does		Does		Мау
Eggs																
Lupin																
Molluscs																
Nuts		Does			Мау		Мау	Мау								Мау
Sesame Seeds																
Sulphur Dioxide					May											
Vegan	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No
Vegetarian	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
				Gelatine	Gelatine											

Sweets (2 of 2)

Ingredient					
ltem or Brand	Chocolate Raisins	American Hard Gums	Chocolate Beans		
Allergen:					
Celery/ Celeriac					
Crustations					
Fish					
Milk (Dairy)	Does	Мау	Does		
Mustard		Мау			
Peanuts	Мау	Мау			
Soya		Мау	Does		
Gluten		Мау	Мау		
Eggs					
Lupin					
Molluscs					
Nuts		Мау			
Sesame Seeds					
Sulphur Dioxide					
Vegan	No	No	No		
Vegetarian	Yes	Yes	Yes		